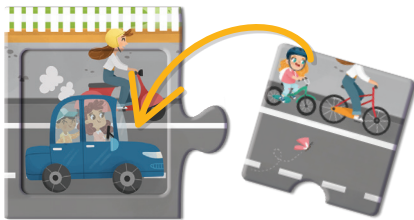


THIS GUIDE WILL HELP YOU TALK TO YOUR CHILD ABOUT HOW THEY CAN HELP THE PLANET!

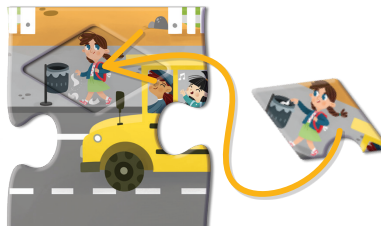
STREET



✗ DON'T: Drive a car everywhere

✓ DO: Ride a bicycle when you can

Gas-powered cars burn gasoline, creating smoke that pollutes the air (this means it makes the air dirty). Bikes are better because they are powered by your own muscles, and don't pollute the air!



✗ DON'T: Litter

✓ DO: Put trash into the bin

When litter is left on the ground, rain and wind carry it into rivers, forests, and oceans. This hurts birds, fish, and other animals if they eat the trash or get tangled in it. Clean up your trash to keep them safe.

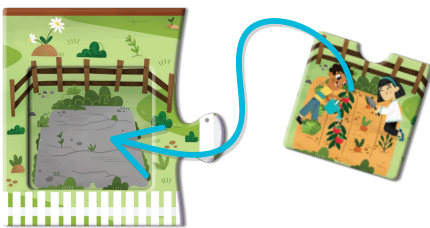


✗ DON'T: Use a diesel bus

✓ DO: Ask your school to use electric buses

When buses burn diesel, they create soot that makes it harder for people to breathe. Electric buses are better because they use batteries, which can be charged by clean power from the wind or sun.

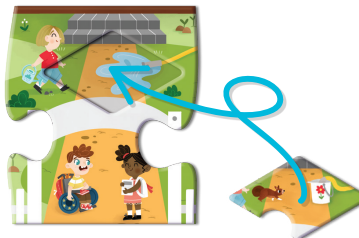
SCHOOLYARD



✗ DON'T: Pave an empty lot

✓ DO: Grow a garden

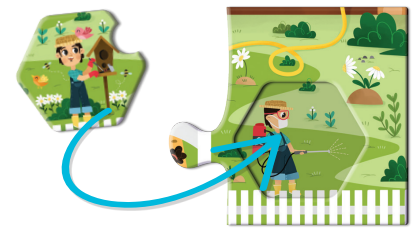
If rain falls on hot pavement, the water gets hot and dirty, and pollutes nearby streams. But if rain falls in a garden, plants cool and filter the water. Gardens also provide homes for insects and animals, and yummy food for us.



✗ DON'T: Spill water from the hose

✓ DO: Collect water in a bucket

A water hose releases 80 liters of water per minute. That's enough to take two showers! Instead of wasting that water, collect it to use in the garden.

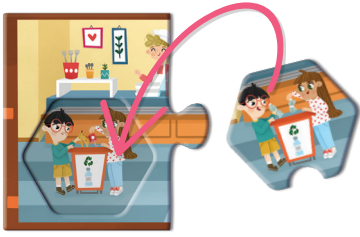


✗ DON'T: Spray pesticides

✓ DO: Build a birdhouse

Pesticides kill pests like mosquitos or ticks - but they can also make bees, birds, animals, and people sick. Instead, build a house for birds or bats. They love to eat insects, so this is a natural, safe way to get rid of pests.

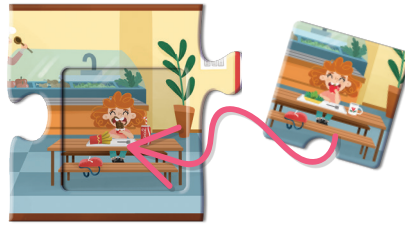
CAFETERIA



❌ **DON'T:** Throw food and trash into the recycling bin

✅ **DO:** Put bottles into the recycling bin

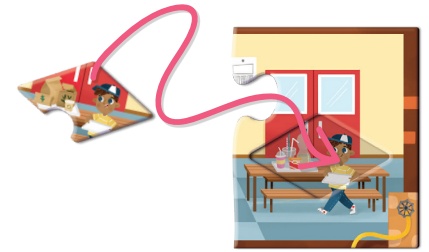
Recycling turns old items into new ones. For example, metal cans can be made into bikes! But if you put trash into a recycling bin, it makes everything too dirty to be recycled. So, make sure you sort your waste carefully.



❌ **DON'T:** Eat processed food in single-use packaging

✅ **DO:** Eat fresh food from reusable dishes

Instead of candy, soda, and fried food in plastic wrappers and plastic-coated cups, eat fresh food and drink water from dishes that can be washed and reused. It's healthier for your body and the planet!

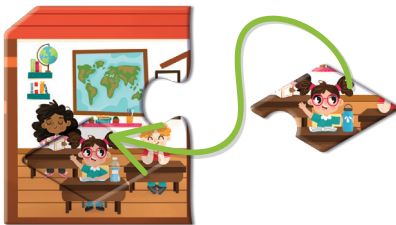


❌ **DON'T:** Use disposable plastic containers

✅ **DO:** Use compostable paper containers

Plastic does not ever go away. Even if it breaks into tiny pieces, it still pollutes the planet for thousands of years. But paper can be composted, which means sun, rain, bacteria, and worms turn it into nice, healthy soil!

CLASSROOM



❌ **DON'T:** Use a plastic water bottle

✅ **DO:** Use a reusable water bottle

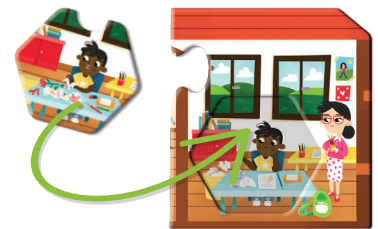
Did you know plastic is made from oil? The oil travels a long way in pipes, trucks, and ships, and sometimes it leaks and pollutes the land and water. But if you stop using plastic water bottles, we'll need less oil!



❌ **DON'T:** Forget to turn off electronics when leaving the room

✅ **DO:** Turn off electronics when you are done

Power companies burn a lot of coal to create electricity. This creates a gas called carbon dioxide, and it's making our planet too hot. If you use less electricity, power companies can burn less coal and keep the planet cool.



❌ **DON'T:** Throw away paper after you use it once

✅ **DO:** Reuse paper for arts and craft

To make paper, paper companies chop trees into tiny pieces. This uses a lot of gas and electricity, and it takes a long time for new trees to grow. But if you reuse paper, we can cut down fewer trees!

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